

WRITE A LETTER TO AN ELDER!

HERE'S HOW:



PICK AN ELDER TO WRITE AT
[LOVEFOROURELDERS.ORG](https://loveforourelthers.org)



WRITE A KIND NOTE
(MAYBE TELL A STORY OR A
JOKE, AND SPREAD LOVE!)

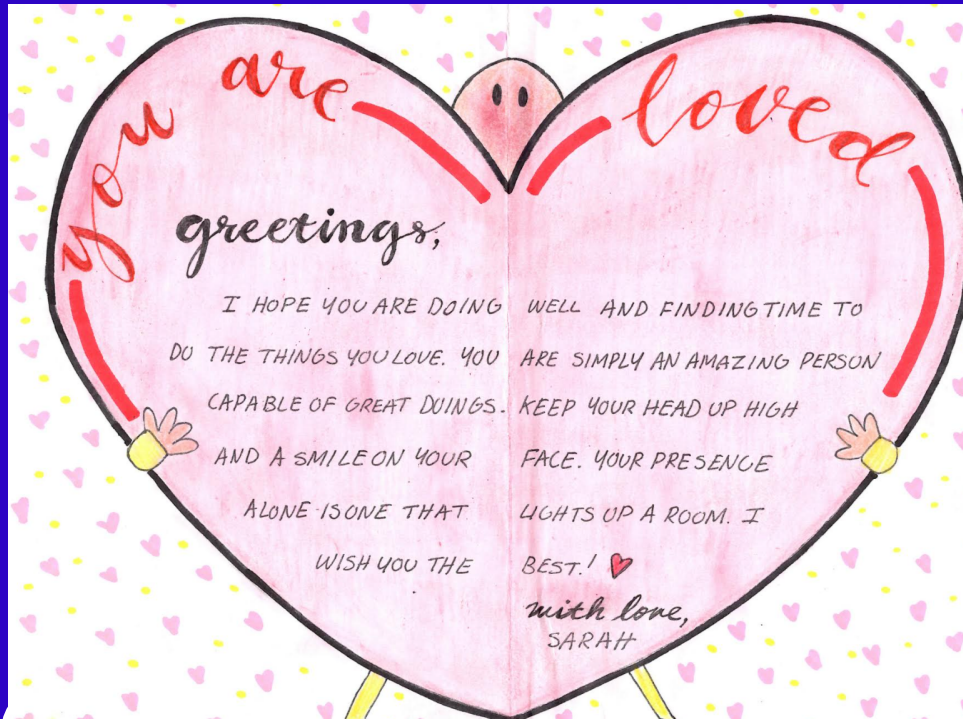


LICK, STAMP, AND SEND
TO THE LISTED ADDRESS

LOVE FOR OUR ELDERS' LETTERS OF LOVE
PROGRAM HAS DISTRIBUTED THOUSANDS OF
HANDWRITTEN LETTERS TO ELDERS AROUND
THE GLOBE TO FIGHT LONELINESS WITH LOVE.
LEARN MORE AT [LOVEFOROURELDERS.ORG](https://loveforourelthers.org)



NEED SOME INSPIRATION?



Hello!

Wishing you all the best as the summer draws to a close. A bit over a month left until fall, but I'm finding myself in sweaters most days. I hope you're warm and comfortable too as the brisk winds pick up.

My boyfriend and I are looking forward to fall. We love the auburn, copper, and little bits of green throughout the trees. I find it pairs well with a cup of tea and a good book. He finds it pairs well with cool costumes for Halloween and also with his birthday presents.

We have tickets to go see one of my favourite classical composers in a few months. I'm really excited! I've learned a few of his piano pieces but I still need a lot of practise.

Anyways, I hope you enjoy your comfy sweaters, the beautiful colors, and some of your own favourite music in the months to come.

We send our thoughts and love to you as you do!

Sincerely yours,
Helen and Joe

